



Dental Guidelines for Pregnancy

- LET YOUR DENTIST KNOW YOU ARE PREGNANT
- Preventative/routine dental cleanings and good dental hygiene are encouraged during pregnancy.
- Other dental procedures such as extractions, fillings and root canals may be done during pregnancy, especially if needed to prevent infection.
- Elective treatments such as teeth whitening and cosmetic procedures are best postponed until after delivery.
- XRAYS should only be done if necessary. Inform the technician that you are pregnant and double abdominal apron shielding must be used.
- NO TETRACYCLINES OR FLUOROQUINOLONES should be used. If an antibiotic is necessary use a category B medication. Some suggestions would be Penicillin, Augmentin, Erythromycin or Clindamycin.
- Lidocaine (class B) may be used as needed for anesthesia for procedures.
- If additional pain medication is necessary use pregnancy category C medications. Some suggestions would be Tylenol with Codeine or Vicodin.
- If you or your Dentist has any additional questions please contact our office and/or speak with your OB provider.

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