

Multimodal Pain Medication Patient Education for GYN Surgery

You and your physician have decided and planned an upcoming surgical intervention.

We want to optimize your recovery by using a multimodal pain medication regime for your surgery.

This entails taking several medications before your surgery and after. Evidence based medicine has shown us that the use of multiple different medications can increase your comfort, decrease the need of narcotics, and speed your recovery. It has also shown us that administering several of these medications prior to surgery allows them to be in your system to give peak effect during your surgery and when you present to the recovery room.

The medications used are:

Gabapentin – this medication has many different uses. We are using it as a nerve pain medication – it will help decrease your pain by calming the response your nerves have to surgery.

Scopolamine Patch – this is an anti-nausea and vomiting medication.

Celebrex – this is an anti-inflammatory medication used before surgery.

Acetaminophen – medication used for the treatment of aches and pain.

Motrin/Advil/Ibuprofen - anti-inflammatory medication used after surgery.

The night before surgery:

Gabapentin 600mg by mouth at bedtime

Celebrex 400mg by mouth at bedtime

Scopolamine Patch – place on the hairless area just behind your ear at bedtime – leave patch in place for three days

The Morning of surgery: (with a very small sip of water)

Gabapentin 600mg by mouth

Acetaminophen 1,000mg by mouth (two extra strength tablets)

After surgery:

Gabapentin 300mg by mouth twice a day for three days

Motrin/Advil/Ibuprofen 600mg every six hours or 800mg every 8 hours – take for the first 48 hours (set your alarm clock to remind you to take if needed) – then take as needed.

Acetaminophen 1,000mg take every six hours for 48 hours (set your alarm clock to remind you to take if needed) – then take as needed

Most likely you will also be given a prescription of Oxycodone or Percocet (narcotic pain medication). Use this medication as you need. Often patients will find that they need very little to no narcotic pain medication when the above medications are taken.

It is our hope that your surgical experience is the best that it can be, and that your pain is managed to keep you as comfortable as possible.

For any questions or problems please call the office (239) 432-5858.

We have doctors on-call 24 hours a day 7 days a week for you.